

Remember, time is a friend to a disease!

DO YOU HAVE PAIN AND SUFFERING?

Millions are turning to chiropractic because they are recognizing the scientific principles of nature that have made spinal adjustments effective in promoting health where other methods have failed.

Area Supplied by Nerves	Spinal Column - Side View	Results of Nerve Impingement
All tissues, glands and organs supplied with life energy by each spinal nerve.	Names of the nerves which branch from the spinal cord and emit through openings between the vertebrae.	Partial list of conditions and symptoms that can result when there is an absence of life in the nerves.
<p>1C Blood supply to the head, the pituitary gland, the scalp, bones of the face, the brain itself, inner and middle ear, the sympathetic nervous system.</p> <p>2C Eyes, optic nerve, auditory nerve, sinuses, mastoid bones, tongue, forehead.</p> <p>3C Cheeks, outer ear, face bones, teeth, trifacial nerve.</p> <p>4C Nose, lips, mouth, eustachian tube.</p> <p>5C Vocal cords, neck glands, pharynx.</p> <p>6C Neck muscles, shoulders, tonsils.</p> <p>7C Thyroid gland, bursa in the shoulders, the elbows.</p> <p>1D Arms from the elbows down, including the hands, wrists and fingers, also the esophagus and trachea.</p> <p>2D Heart including its valves, and covering, also coronary arteries.</p> <p>3D Lungs, bronchial tubes, pleura, chest, breast, nipples.</p> <p>4D Gall bladder and common duct.</p> <p>5D Liver, solar plexus, blood.</p> <p>6D Stomach.</p> <p>7D Pancreas, islands of Langerhans, duodenum.</p> <p>8D Spleen, diaphragm.</p> <p>9D Adrenals or supra-renals.</p> <p>10D Kidneys.</p> <p>11D Kidneys, ureters.</p> <p>12D Small intestines, Fallopian tubes, lymph circulation.</p> <p>1L Large intestines or colon, inguinal rings.</p> <p>2L Appendix, abdomen, upper leg, caecum.</p> <p>3L Sex organs, ovaries or testicles, uterus, bladder, knee.</p> <p>4L Prostate gland, muscles of the lower back, sciatic nerve.</p> <p>5L Lower legs, ankle, feet, toes, arches.</p> <p>S Hip bones, buttocks.</p> <p>C Rectum, anus.</p>		<p>1C Headaches, nervousness, insomnia, head colds, high blood pressure, migraine headaches, mental conditions, nervous breakdowns, amnesia, epilepsy, infantile paralysis, sleeping sickness, chronic tiredness, dizziness or vertigo, St. Vitus dance.</p> <p>2C Sinus trouble, allergies, crossed eyes, deafness, erysipelas, eye troubles, earache, fainting spells, certain cases of blindness.</p> <p>3C Neuralgia, neuritis, acne or pimples, eczema.</p> <p>4C Hay fever, rose fever, etc., catarrh, hard of hearing, adenoids.</p> <p>5C Laryngitis, hoarseness, throat condition like a sore throat, quinsy, etc.</p> <p>6C Stiff neck, pain in upper arms, tonsillitis, whooping cough, croup.</p> <p>7C Bursitis, colds, thyroid conditions, goiter.</p> <p>1D Asthma, cough, difficult breathing, shortness of breath, pain in lower arms and hands.</p> <p>2D Functional heart conditions and certain chest pains.</p> <p>3D Bronchitis, pleurisy, pneumonia, congestion, influenza, gripple.</p> <p>4D Gall bladder conditions, jaundice, shingles.</p> <p>5D Liver conditions, fevers, low blood pressure, anemia, poor circulation, arthritis.</p> <p>6D Stomach troubles including nervous stomach, indigestion, heart burn, dyspepsia, etc.</p> <p>7D Diabetes, ulcers, gastritis.</p> <p>8D Stomach troubles, hiccoughs.</p> <p>9D Allergies, hives.</p> <p>10D Kidney troubles, hardening of the arteries, chronic tiredness, nephritis, pyelitis.</p> <p>11D Skin conditions like acne, or pimples, eczema, boils, etc., auto-intoxication.</p> <p>12D Rheumatism, gas pains, certain types of sterility.</p> <p>1L Constipation, colitis, dysentery, diarrhea, ruptures or hernias.</p> <p>2L Appendicitis, cramps, difficult breathing, acidosis, varicose veins.</p> <p>3L Bladder troubles, many knee pains.</p> <p>4L Sciatica, lumbago, difficult, painful or too frequent urination.</p> <p>5L Poor circulation in the legs, swollen ankles, weak ankles and arches, cold feet, weakness in the legs, leg cramps.</p> <p>S Sacroiliac condition, spinal curvatures.</p> <p>C Hemorrhoids or piles, pruritus or itching, pain at end of spine on sitting.</p>

SPINAL NERVE INVOLVEMENT CAUSES MANY CONDITIONS

Since the discovery of chiropractic, no one needs to feel that he or she is destined to be sick all their life. Remember, "Where there is life there is hope and he who has hope has everything." This spinal chart is directed especially to people who have tried to regain their health through methods other than chiropractic, and have failed. **THAT FAILURE SHOULD NOT LEAD TO DISCOURAGEMENT**, but to greater determination to discover the fundamental cause of all disease. If your condition is not described in the chart, contact your participating doctor for a consultation, examination and x-rays, if necessary. He will determine by his analysis of your spinal condition what you can expect from chiropractic care.